

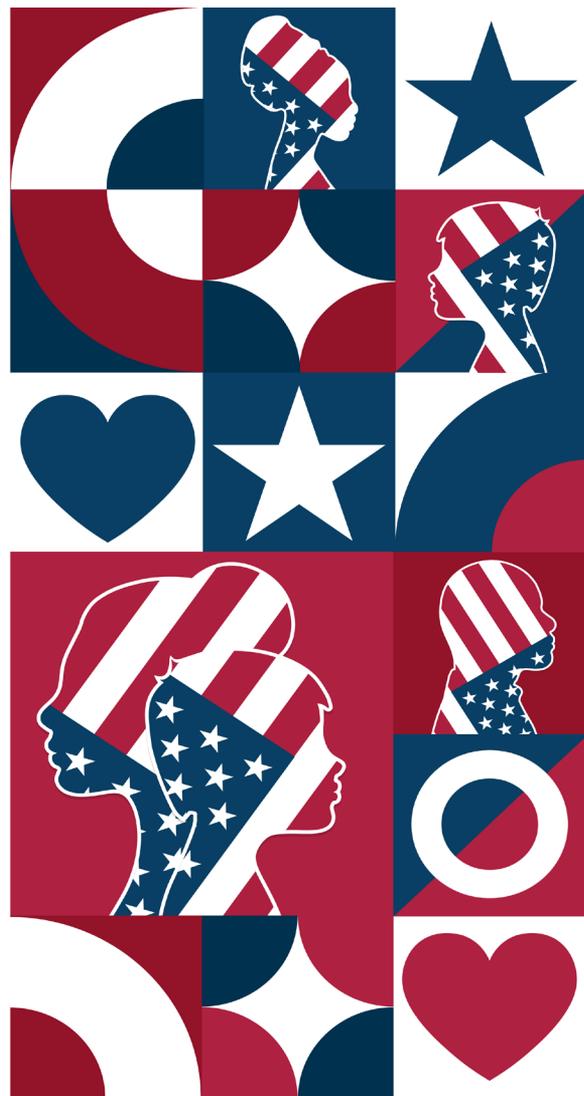
CRESTWOOD VILLAGE 1

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732-350-1818

www.crestwoodvillageone.com

HAPPY
4th OF
JULY
INDEPENDENCE
★ DAY



PHONE NUMBERS

for Help or Service

Emergency –

Police, Fire, First Aid911

Non-Emergency –

Police, Fire, First Aid.....(732) 657-6111

Maintenance Dept.(732) 350-2202

Trustees Office(732) 350-1818

Maintenance Emergency –

24 Hour Service(732) 350-2202

Crestwood One "Dial my Calls" –

"Robocall"(732) 965-3501

Emergency Services are those problems which CANNOT and SHOULD NOT be delayed.

They are as follows:

- Broken Water Pipe
- Clogged Toilets & Drains
- Loss of Heat
- No Electric Power
- Unable to enter the unit due to lost or misplaced key or for any valid reason that entrance should be made for investigation.

EMERGENCY FEE

Call out fee is \$100 for the first hour + parts.
This includes unlocking doors for entry.

Maintenance Hours: 8AM - 4PM

**Call Information "HOTLINE"
1 (848) 227-3082**

**This number is for information only.
Do not leave a message as
they are NOT retrieved**

Clubhouse Open Schedule
Billiards • Exercise Room • Library

CLUBHOUSE ACTIVITIES

MONDAY

Exercise Class9:00 AM

Ladies Cards–

"A" Room6-8:00 PM

Billiards /

Pill Pool6-8:00 PM

Residents Club -

2nd Monday6:30 PM

TUESDAY

Ticket Sales -

"Auditorium"9AM-11:00AM

Ceramics8:30AM-12 Noon

**Bocce5:30 PM

WEDNESDAY

**Ladies Golf8:30 AM

Mah-jongg1:00 PM

**Bocce5:30 PM

THURSDAY

Golf Club • Cards •

Texas Hold EM'12:00 PM

Open / Reps Meeting–

4th Thursday10:00 AM

Except July and August

**Shuffleboard -

Indoor/Outdoor.....5:30 PM

FRIDAY

**Corn Hole (2nd & 4th Fri.)6PM

Exercise9:00 AM

**Men's Golf.....9:00 AM

Mah-jongg1:00 PM

**Seasonal Clubs that are NOT year round.

The Clubhouse is open to all from
8:00 AM - 4 PM.

After 4:00 PM you may enter with your
FOB (available at the Trustees Office)

**No Entry before 8AM or after 10PM
Alarm will trigger Police response!**

Village Happenings...

July 2024

Happy 4th of July! We are well into our summer months. I hope everyone is enjoying it. Once again, Jeannie & Joe scheduled their annual 4th of July BBQ with entertainment by Wild Rose. We always have a GREAT time.

Let's take a moment to remember why we celebrate the 4th.

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness"

Thomas Jefferson

Independence Day marks the date in 1776 when the Declaration of Independence was approved. The American colonies were tired of being taxed and ruled by Great Britain. We wanted our own country and wanted to let everyone know (France & Spain). Great Britain didn't just say okay, the Revolutionary War continued (1775 - 1783).

We also need to take the time to remember all of our service men and women from back then through today. If it wasn't for them we might not have the freedoms and independence we so enjoy. So once again I ask you, please, remember why.

Okay, enough said, enjoy the day and have a safe and happy holiday.

Thanks,

John Leach 
Vice President



TOWING WITHIN THE VILLAGE IS NOW IN EFFECT

Unregistered, illegally parked and inoperable vehicles are subject to towing. We are also beginning to tow unauthorized vehicles parked in our overflow lot behind the golf course. The Village has no authority once the vehicle is towed. You would need to contact Accurate Towing at **732-349-6439** directly to get the costs and arrange retrieving your vehicle.

BOARD OF TRUSTEES

Jeannie FeolaPresident & Liaison to Golf Course
Maryann GattiTreasurer &
Liaison to Maintenance Dept.
John LeachVice President &
Liaison for Community Relations

Coleen MattiacciReal Estate Re-Sales &
Newsletter Editor
Kathe PietzLiaison to Clubhouse
Maryann RiottoSecretary
Anna Marie RussoLiaison to Representatives &
MCC Secretary

Change to our Rules and Regulations effective July 1, 2024. Rule #44 (d) (4)

CLOSING

The Closing itself will be administered by the Co-Op. No date will be set unless all documentation set forth above has been previously received. No date will be set assuming the documentation will be delivered at closing.

VARIOUS CHARGES: Hereinafter set forth are various charges for replacement of documents and special procedures:

1. Replacement of lost Membership Certificate - \$25.00
2. The fee for rescheduling of closing by Buyer, Seller or the Sales Agency is \$25.00
If the closing is within 24 hours the fee is \$100.00
3. Administrative Fee for resales and transfers - \$300.00 from each the buyer and seller.
4. **Membership Fee - \$2,200.00 due from the buyer.**

There was a typo on the budget packet that went out in early June.

This has no effect on the new rates for the maintenance fees. For the breakdown of the monthly payments, the incorrect Real Estate tax was listed for prior year, 2023-24 on the Edgewood II. Real estate tax should have read \$67 not \$66 bringing the total fee for the prior year, 2023-24 to \$314. **The new rate listed as \$328 is correct making the total increase \$14.** I apologize for any inconvenience this may have caused.



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Revised Song Titles for Baby Boomers



The Bee Gees

How Can You Mend a Broken Hip

Helen Reddy

I Am Woman, Hear Me Snore

Procol Harum

A Whiter Shade of Hair

Leo Sayer

You Make Me Feel Like Napping

Bobby Darin

Splish, Splash, I Was Havin' a Flash

Herman's Hermits

Mrs. Brown, You've Got a Lovely Walker

Abba

Denture Queen

Willie Nelson

On the Commode Again

Ringo Starr

I Get By With a Little Help From Depends

Roberta Flack

The First Time Ever I Forgot Your Face

Paul Simon

Fifty Ways to Lose Your Liver

The Commodores

Once, Twice, Three Times to the Bathroom

Marvin Gaye

Heard It Through the Grape Nuts

The Temptations

Papa's Got a Kidney Stone

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**CARPET
LIFETIME
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\$1⁴⁹ S.F.**

**CERAMIC
TILE
WOOD
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UP TO
\$100⁰⁰**
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Must be presented at
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*Payoff verification may delay the process. In the event of a payoff, additional paperwork may be required. Vehicle title must be on hand or able to be secured from the lending bank if a loan is in place. Purchases over \$20,000 and/or out of state titles may take longer than 20 minutes. See dealer for complete details.

ads-7155

Mark Your Calendar

Garbage Collection

Monday & Thursday mornings unless a holiday.
LIMIT 3 BAGS. Please do not place OUTSIDE of the container until the MORNING of collection.

Recyclables



Recycle Coach App

July 12, & 26.

Put recyclables out the NIGHT before pick-up.

Please put recyclables in containers, **not plastic bags** as it cannot be readily identified as garbage or recyclables. ONLY "button cell" and rechargeable batteries are recyclable. All other batteries go into regular garbage.

Village - Light Bulk Pick-Up

Last Wednesday of every month.

Includes all electronics - **MUST BE OUT BY 7:00 AM!!!**

NOTE: Bulk pick-up is for oversize items - **NOT entire house clean-up.** We will pick up **special clean-ups**, but only by special arrangement with the Maintenance Dept.

Yard Debris

Every Thursday. Remember leaves, needles and pine cones ONLY!!! CANNOT be picked up in **plastic bags.**

The refuse center will not let us dump plastic bags.

It **MUST** be in **BIO-DEGRADABLE PAPER BAGS ONLY.**

Available at maintenance dept. or local stores.

Brush / Branches

Every Thursday. At the curb.

Manchester Bulk Pick-up

Thursday, July 25. Put out Wednesday night.

NIXLE

Nixle keeps you up-to-date with relevant information from your local public safety departments.

Text your zip code to 888777 to OPT-IN.

**The Board has no control or input
over advertisers
in the Monthly newsletter**

This newsletter is online at

www.crestwoodvillageone.com

Thank you!

 LUANN

On behalf of the Board of Trustees, I would like to thank **Luann Just** for her many years serving in the Village. LuAnn was the President of the Residents Club for many years. She handled the monthly meetings, Karaoke, Movie night and many other events in the Village.

She served the Village well and was appreciated by all. She had a great group of people around her. Gloria, Coleen, Kathy, Flo and many more. Now it's her turn to sit back and enjoy her new endeavors creating new memories. LuAnn, wishing you the best of everything!

While we will miss LuAnn, we are excited to see a new group overseeing the Residents Club. This includes Jim Booth, Les Samsel, and Kathy Garry as President, Treasurer and Secretary. They are in the process of setting up different committees to serve in different functions. We can't wait to see what they, along with their committee members come up with and we wish them the best of luck.

Help keep our Village #1. Offer to help out on different committees.

I'm sure they will need assistance with something that you would be perfect helping with!



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ALL ANIMALS
ALL RODENTS**

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(Inside and outside) - MUST BE APPLIED SAME DAY**

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EARWIGS • SPIDERS
ANTS • SILVERFISH
CRICKETS**

****BED BUGS NOT INCLUDED**
WOOD DESTROYING INSECTS NOT INCLUDED**

**Senior Discount
ANY Termite Job
\$700^{+tax}**

**ELECTION RESULTS ARE IN FOR
THE BOARD OF TRUSTEES
HELD ON JUNE 3, 2024**

I am happy to announce **Jeannie Feola, MaryAnn Gatti, Coleen Mattiacci** and **Anna Marie Russo** have been re-elected to serve another 2 year term as a member of the Board of Trustees.

There were just a few write in's for the 5th open position. I am excited to announce the final position will go to **Bob Lellig** who will serve a 1 year term! He has been a Representative of the Village for many years. He has always been an active member in the Village and I believe he will be an asset on the Board. His term begins on the day of our Annual Shareholders Meeting, September 16, 2024.

We have 1016 units in the Village representing over 2,000 members. We had less than 70 members vote this term. Thank you to our Members who did come out to vote.

Nancy



AD# 5344

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732-966-4197

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AP-GC10254746-01

ads-496

CRESTWOOD VILLAGE CO-OP, INC.

PERMISSION REQUEST FORM

Resident's Name: _____

Date: _____

Resident's Address: _____

Phone #: _____

-
- Plastic/Vinyl Shed Installation – Call Maintenance for size and material requirements
 - Awnings – Installation or Replacement
 - Patio Installations – Cannot Exceed 180 square feet
 - Sidewalks
 - Air Conditioning (Wall or Central Units) – Installation or Replacement
 - Three (3) Season Rooms
 - Exterior Doors (Sliders, Entry, Garage or Storm) MUST BE WHITE
 - Satellite Dish Installations – Installation Instructions Will Be Provided by Co-op-CANNOT BE INSTALLED ON ROOF
 - Sprinkler Systems – Installation or Replacement
 - Windows (Maintenance Department Must Be Notified of Installation Date to Speak with Installer to Avoid Structural Damage)
 - Electrical Work
 - Plumbing Work
 - Interior Alterations or Renovations
 - Other: _____
-

CONTRACTOR NAME: _____

PHONE #: _____

INSURANCE: _____

LICENSE #: _____

TOWNSHIP PERMITS OBTAINED YES NO N/A

DRAWINGS YES NO N/A

SPECIFICATIONS YES NO N/A

THE BOARD OF TRUSTEES HAS GRANTED APPROVAL TO INSTALL THE ITEMS CHECKED. THE RESIDENT IS RESPONSIBLE FOR ALL MAINTENANCE AND ADDITIONAL INSURANCE. ANY PERMITS NEEDED FROM THE TOWNSHIP FOR ANY ALTERATIONS MUST BE OBTAINED BY THE HOMEOWNER OR THE CONTRACTOR AND A COPY IS TO BE GIVEN TO THE OFFICE. THE BOARD RESERVES THE RIGHT TO STOP WORK IF THE ABOVE IS NOT MET AND TO INSPECT THE INSTALLATION WHEN COMPLETED.

Resident's Signature: _____

Date: _____

Trustee Approval: _____

Date: _____

Across

- 1. Ravioli, e.g.
- 6. Lhasa ____ (small dogs)
- 11. Cleo portrayer of 1963
- 14. Lapel label
- 15. Like marshes
- 16. Nabokov novel
- 17. Camouflage
- 19. Heap
- 20. Eight-time N.L. home run champ
- 21. Culbertson of bridge
- 22. They pull together on the farm
- 23. Kiln for hops
- 24. Morning periods (abbr.)
- 26. "Everything ____": *NSYNC hit
- 28. Makes happen, as revenge
- 31. Half a chess set
- 34. Shoots the breeze
- 37. Henri's happiness
- 38. Thurman of "Batman and Robin"
- 39. Vain
- 42. Oscar winner Harrison
- 43. Pestors
- 45. Staff symbol
- 46. Wanting
- 48. "Tommy" rockers
- 50. Hubbubs
- 52. Wee, in West Lothian
- 53. Diminish
- 55. "Ten-four" sayer
- 59. Panic button found in six of this puzzle's long answers
- 61. ABBA, for one
- 64. Itinerary word
- 65. Biology is one
- 66. Architect's addition
- 67. ____ garde
- 68. Swindler, in slang
- 69. Wade opponent
- 70. Totally unhip types
- 71. Eye sores

1	2	3	4	5		6	7	8	9	10		11	12	13			
14						15						16					
17						18						19					
20												21					
22						23					24	25					
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48					49				50	51							
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59	60					61	62					63					
64						65											
66						67								68			
69						70								71			

Down

- 1. ____ Beach (California resort)
- 2. Mingle
- 3. Feed hot coals to
- 4. Completely fooled
- 5. Matures
- 6. Michael or Gabriel
- 7. Durable dos
- 8. "Now you ____..."
- 9. Piggged out (on)
- 10. Grammar class subject
- 11. It may not get into the morning paper
- 12. Golden calf, for one
- 13. Kooky
- 18. Garbage hauler
- 25. Mil. rank
- 27. Columbus inst.
- 28. Dangerous curve
- 29. Not ahead or behind
- 30. Seductive
- 31. Gridiron kick
- 32. Asian nursemaid
- 33. Remuneration schedule
- 35. In the style of
- 36. Program trials
- 40. It's about 350 miles NW of LAX
- 41. ____-Cat (winter vehicle)
- 44. Personal ad abbr.
- 47. Confiscate, in law
- 49. Justice replaced by Rehnquist
- 51. Fam. tree member
- 53. Obviously
- 54. Change for the better
- 56. Rochester's boss
- 57. Game show host
- 58. Maritime dangers
- 59. Constantly
- 60. Fodder holder
- 62. Bee complex
- 63. Brief smokes?



**Jeannie Feola officiating the induction ceremony
for the new Officers of the Residents Club.**

- Jim Booth**President
- Phyllis Wilson**Vice President*
- Les Samsel**Treasurer
- Kathy Garry**Secretary

*Missing from the picture, Phyllis Wilson. Phyllis is a new resident that graciously volunteered to serve as the Residents Club new Vice President.

Welcome aboard Phyllis!!



On May 27th, my husband and I were shocked to find a baby deer lying close to our home. It looked like a newborn, so we called the Popcorn Park Zoo for advice. They told us not to touch it, try to feed it, or even give it some water. If the mother deer smelled human on the baby, she might abandon it. They also told us that the fawn could come and go for up to a week which it did. We saw it, off and on, for 5 days, then it was gone. We wanted to share our experience so if this ever happens to you, you would know the best way to handle it.

Maryann & Mike Riotto

Mon & Fri
9:00 AM

Exercise

Exercise with Marty! Mondays & Fridays at 9AM.

JULY
1, 15, 29

Creative Writing Club

The Creative Writing Group will be meeting on Monday's, July 1st, 15th & 29th @ 11:00AM at the Clubhouse in Room "A". All residents of Crestwood Village I are welcome to attend. Anyone questions, contact me by phone or email. 732-642-1155 • Joseph.Stanick@Yahoo.Com.

JULY
13 & 27

Golf

- July 13 • 9AM – Golf Tournament - **New Start Time for Summer Months**
- July 27 • 9AM – Golf Tournament - **New Start Time for Summer Months**
12PM – Golf Social / 19th Hole – Serving Hot Dogs & Hamburgers in the Main Hall – \$5 for members
- FRIDAYS • 10AM – Golf Lessons –
Meet John Rowbo on the Golf Course at Hole 1

JULY
8

Residents Club

Upcoming Events:

- July 8 Residents Club Meeting, 6:30PM
- July 19 Karaoke 6PM

SEPT

Women's Club

The Women's Club will not be meeting in July and August. We're looking forward to getting together again in September. A happy and a safe summer to all.

Congratulations!

to the Golf Tournament Winners

May 25th — Score of 25

Three-Way Tie

Team 1 - Cory Chong
Team 2 - Bob Hyland
Team 3 - RJ Anderson

Ben Sobel John Hughes
Ken Sweezo Joe Wingate
Jacki Muzzi Gerry McCann

Joe Feola
Les Samsel
John Rowbo



Les Samsel, *Closest to the Hole*

June 8th — Score of 26

Ben Sobel Jim Maloney Cory Chong
Joe Wingate, *Closest to the Hole*

COUNTY CONNECTION

Because of issues with the County Connection bus, they will not be at our clubhouse in July. They are aiming for August instead. Please watch for updates in the Newsletter.

P	A	S	T	A		A	P	S	O	S		L	I	Z
I	D	T	A	G		R	E	E	D	Y		A	D	A
S	M	O	K	E	S	C	R	E	E	N		T	O	N
M	I	K	E	S	C	H	M	I	D	T		E	L	Y
O	X	E	N		O	A	S	T		A	M	S		
				I	O	W	N			E	X	A	C	T
P	A	W	N	S		G	A	B	S		J	O	I	E
U	M	A		U	S	E	L	E	S	S		R	E	X
N	A	G	S		F	L	A	T		N	E	E	D	Y
T	H	E	W	H	O			A	D	O	S			
		S	M	A		B	A	T	E		C	B	E	R
E	S	C		R	H	Y	M	E	S	C	H	E	M	E
V	I	A		L	I	F	E	S	C	I	E	N	C	E
E	L	L		A	V	A	N	T		G	A	N	E	F
R	O	E		N	E	R	D	S		S	T	Y	E	S

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BACK BY POPULAR DEMAND

KARAOKE



JULY 19, 2024
6PM-9PM

Karaoke will be held on the 3rd Friday of every month
Feel free to BYOB and snacks for your table.

MANCHESTER SENIOR SOCIAL UPCOMING EVENTS

Chair Yoga

Monday July 8 • 10:00AM

Whiting EMS Building
82 Lacey Rd., Whiting

Chair Yoga

Monday July 8 • 1:00PM

Whiting EMS Building
82 Lacey Rd., Whiting

Ceramic Painting

Monday July 22 • 12:00PM

Whiting EMS Building
82 Lacey Rd., Whiting

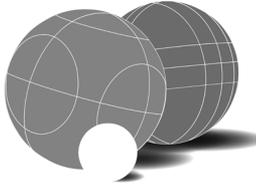
All programs are free to Manchester residents 60 years of age or older

Call **732-849-8305** to register for programs



Funded in part by a grant from the
Ocean County Board of Commissioners

2024 BOCCE CHAMPIONSHIP



PLAY OFFS

TUESDAY, JULY 9TH

5:30 PM Sharp

be at the courts by 5:15 PM

TUESDAY NIGHT CHAMPS

Marty Davis Joe Feola Gerry Ford George Muldoon Ginny Nielsen Barbara Tierney

WEDNESDAY NIGHT CHAMPS

Marion Borges John Rowbo Frank Scarpulla Ben Sobel Debbie Wingate

See you at the courts!

BBQ Following the game

Rain date: Wednesday, July 10th 5:30 PM Sharp

KIRMS PHOTOGRAPHY Foreground Objects

This month we'll discuss a compositional topic – including a foreground object. When shooting landscape images, most people position themselves so there is nothing close in the picture, only the landscape in the background. Without a foreground item to anchor the image, your viewer has no sense of distance.

By including a foreground object you give a sense of depth to the image and the viewers can better immerse themselves into the scene. Never center the foreground anchor (remember your rule of thirds) – it should be off to the side, which will help lead the viewer into the scene.

This technique is not just for landscapes, but works with indoor images of large rooms, shots in your yard, and any situation where you're trying to portray depth in your image. This foreground object can be used to frame your subject. Combining foreground objects with good exposure and utilizing the other tips we've previously discussed

will yield you some great images.

That's it for this month. As always, you can send me an email at bill@kirmsphotography.com if you have any photographic questions. Visit my website, www.kirmsphotography.com, if you'd like to see more of my images. Keep shooting and trying to improve your images, but most importantly, have fun with your camera.



MAINTENANCE

MINUTE

Happy Summer Residents of Village 1!

Total Work Orders (past 30 days) = 258

Dogs

Personally, it's always nice to see so many residents out walking their dogs and enjoying the dog park. However, it's not great to see how some residents dispose of their dog's waste...if they do clean it up at all. There are public garbage cans located around the Village, residents should not be utilizing other resident's in-ground personal garbage cans as they seem fit. The Maintenance Department should not have to receive and address calls regarding stray dog waste bags in their garbage cans. Please take your bags back to your unit or use one of the public garbage cans to dispose of it properly.

Leaving your dog(s) outside, unattended is not permitted. Additionally, you are required to clean up any dog waste around your property. Too often there are literal mine fields around the buildings which is considered common ground and the Maintenance Department, residents or guests should not have to be concerned while walking through these areas.

Your dog(s) must be leashed at all times.

If you are observed not cleaning up after your dog, improperly disposing of waste bags, unleashed dog(s) or allowing your dog(s) to roam around outside unattended, you can expect a letter and potential fines from the Board of Trustees.

If you do use the dog park, please remember to clean up after your dog. All dogs brought to the park are to be fully vaccinated and registered with Manchester Township.

Air Conditioning

Easiest way to battle the heat is to stay inside and enjoy your air conditioning! Maintaining your air conditioning is the responsibility of the residents. Basic service of your air conditioning does not require permission request forms and is recommended to keep your units running efficiently. Window units are not permitted anywhere in Village 1. They make the Village look bad, as well as, potentially damaging the structure or the windows. These window air conditioning units are sometimes installed through the walls, which is also not permitted as they have venting which are located on the sides and the top of the unit, which will create issues in the wall cavities. Besides the vented heat, there is a chance the condensation can back up and cause structural issues to the building. If you have an improperly sized unit in the larger cut outs on the sides of the building, stuffing it full of stuff to stop drafts is not a good idea. When your unit eventually

comes up for sale and an inspection is completed, you should be prepared to pay for removal and replacement of the existing undersized, wrong style air conditioning units...as well as, any associated damage from the improper wall units. Central air conditioning units are to have their associated condensation lines to deposit on the exterior of the buildings and not in the crawl-spaces. If this is discovered at your unit, you will be required to correct the condensation and to pay for any cleanup of residual liquid or damage resulting from this improper installation.

Portable (floor) air conditioning units are acceptable, as long as they are properly vented to the exterior of the building.

Contact the Maintenance Department if you are considering swapping an existing air conditioning unit or are looking to install a new one. We can certainly point you in the right direction of having a proper unit installed properly.

Grills

Doing some outdoor grilling goes hand in hand with the summer time. It is important that you keep the grills a minimum of 10 feet from the buildings. If you are a propane user, Village 1 does not want to see spare propane cans (empty or full) around the exterior of the buildings. Additionally, these tanks are not permitted to be stored in the garage, porch, closets, attics, utility rooms or crawlspaces.

Per Crestwood Village Co-op, Inc.'s Rules and Regulations, charcoal grills are not permitted.

If you need extra storage, Village 1 does allow residents to purchase a shed for extra storage. There are regulations to the size and shape of the sheds, please contact the Maintenance Department for information.

Keys

If you haven't done so already, please provide the Maintenance Department with a copy of any entry door keys. It is not a requirement, but is strongly recommended. We will never make entry to the unit without advanced permission. It can however be invaluable if you ever happen to lock yourself out or if emergency personnel ever have to be dispatched. Having a key on file can potentially save both time and money.

Thanks and please try to stay cool out there!

Your Maintenance Department

(732) 350-2202

Crestwood1maintenance@gmail.com

ALPHA-GAL SYNDROME KEY STATISTICS



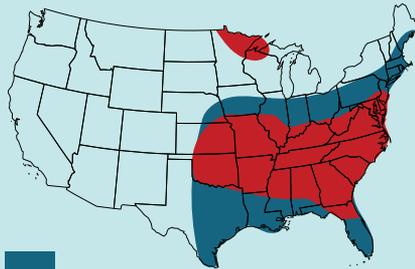
Alpha-gal syndrome (AGS), is an emerging, tick bite–associated allergy. People with AGS have severe and sometimes life-threatening reactions to a sugar found in mammals and products derived from mammals, including meat, dairy, gelatin, and medical products. The CDC has identified AGS as a growing public health concern and has called for both community and provider education and improved surveillance.

WHO HAS ALPHA-GAL SYNDROME?

Up to **450,000** Americans have AGS, the CDC estimates.

Up to **2-3%** of the population in the most affected areas have AGS.

35% or more of some populations are sensitized to alpha-gal.



Lone Star Tick Range 
AGS Highest Prevalence 

ALPHA-GAL SYNDROME IS THE...

#1 trigger of anaphylaxis in adults

#1 cause of adult onset food allergy

In high prevalence areas

UNKNOWN INGREDIENTS POSE A DANGER

Hundreds of mammalian byproducts are added to foods and drugs. No complete list exists, making it next to impossible to know if any are in your food or drugs, even if you check labels.



MEDICATION AND MEDICAL CARE ARE MINE FIELDS FOR PEOPLE WITH ALPHA-GAL SYNDROME

92% of patients with AGS had to modify their medication because of their alpha-gal syndrome diagnosis

18% of patients with AGS have contacted drug manufacturers to ask about ingredients 12 times or more.

Only 60% of pharmaceutical companies provide an accurate response about animal-derived ingredients in medications.

50% of patients with AGS have had an anaphylactic reaction after using a health product that includes alpha gal.

More than 20,000 drugs, vaccines and medical products contain mammalian byproducts.

More than 1,400 patients with AGS have petitioned the FDA to require drug manufacturers to clearly label whether ingredients used in their products are animal derived.

SEVERE SYMPTOMS



30-40% of cases have cardiac symptoms



3-8 hours typical delay of reactions after exposure



Up to 20% of cases have GI symptoms alone



Over 60% of people with AGS have anaphylactic reactions.

LACK OF AWARENESS MEANS DELAYED DIAGNOSIS

78%

of health care providers in the U.S. have little to no knowledge of AGS, according to the CDC

7 years

average time to diagnosis due to lack of physician awareness



**THE MANCHESTER TOWNSHIP
RECREATION DEPARTMENT
PROUDLY PRESENTS
"CONCERT FEST 2024"
@ HARRY WRIGHT LAKE, WHITING, NJ**



Wednesday, July 10th

5:00 p.m. – WJRZ

6:00pm – Joey Scarangelo

“The Wedding Singer”

7:30pm - “The British Invasion Years”



Wednesday, July 31st

5:00 p.m. – WJRZ

6:00pm - “Jukebox Legends”

7:30pm - “Sensational Soul Cruisers”



**CONCERT FEST "2024"
FREE BUS SERVICE SCHEDULE**

Wed. 7/10, Wed. 7/31, Wed. 8/7, 8/21

Concert start time is 6:00 p.m.



MANCHESTER/TOMS RIVER

PICKUPS:

Silverwoods	4:05
Municipal Lot	4:15
Leisure Village West	4:25
LVW/Encore	4:35
Leisure Knoll	4:45
Leisure Ridge	4:55
Cedar Glen	5:05
Renaissance	5:15
Cedar Glen West	5:25
River Pointe	5:35

WHITING PICKUPS:

Manchester Pines	4:20
The Reserve	4:25
Crestwood Vil IV	4:30
Crestwood Vil V	4:45
Crestwood Vil III	4:50
Crestwood Vil VI	5:00
Pine Ridge South	5:10
PR @ Crestwood	5:20
Crestwood Manor	5:30
Country Walk	4:30
Keswick Pines	4:40
Crestwood Village I	4:50
Whiting Station	5:00
Meadows @ Lake Ridge	5:05
Crestwood Vil II	5:10
Crestwood Vil VII	5:20
Cedar Glen Lakes	5:30
Bowker Field	5:40



If you need assistance or special accommodations, please call (732) 657-8121 ext. 5101 or 5102 to make necessary arrangements for your event transportation.

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BONDED & INSURED

Hidden Words.....



Can You Find Them All!

Golf - Word Search

Z Q U M F O R E Z A R D G C K R C
P H V S N Z F M L Z P R V D R R H
R T P W Y O D S A G N I W B E Q I
R G O H T S R L G K A V V K T M P
Y O E Y A W R I A F R E O Q T L Z
D O U J G N Q C J S K R E F U G W
B X J G E G D E W V T D V T P N A
O A E A H B R I D S O L I L E I A
F O L S U A O D C C H U S B L W E
L S R L R N E A H A S U O F T S P
T Y C S E U D W A E P G I D D M B
R T X E V D O W K U E Y W Y A Y P
B I R D I E F C S Y D I V O T M H
F G P E F J Z G H G A E C Y C Y K

BALL
BIRDIE
BOGEY
CADDIE
CHIP
CLUB
COURSE
DIVOT

EAGLE
FAIRWAY
FORE
GREEN
HANDICAP
IRON
PUTTER
ROUGH

SLICE
STROKE
SWING
WEDGE
WOOD

July

2024 BUS CALENDAR

August

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	MANCHESTER SHOP-RITE 10:00AM - 1:00PM		OCEAN COUNTY MALL, BURLINGTON STORE, TARGET 10:00AM - 2:30PM		LACEY SHOP-RITE OR WALMART 8:30AM - 11:30AM WALMART & ALDI 12:30PM - 3:30PM	
7	8	9	10	11	12	13
CHURCH SERVICE 9:00AM	LOCAL MARKETS 10:00AM - 1:00PM		BRICK SHOP-RITE & BRICK PLAZA 10:00AM - 2:30PM	COLUMBUS MARKET 8:30AM-1:30PM	LACEY SHOP-RITE OR WALMART 8:30AM - 11:30AM TARGET 12:30PM - 3:30PM	
14	15	16	17	18	19	20
CHURCH SERVICE 9:00AM	MANCHESTER SHOP-RITE 10:00AM - 1:00PM		SEASIDE HEIGHTS 10:00AM - 2:30PM		LACEY SHOP-RITE OR WALMART 8:30AM - 11:30AM LACEY MALL 12:30PM - 3:30PM	
21	22	23	24	25	26	27
CHURCH SERVICE 9:00AM	LOCAL MARKETS 10:00AM - 1:00PM		OUTLET CENTER, FREEHOLD MALL, WEGMAN'S 10:00AM - 2:30PM		LACEY SHOP-RITE OR WALMART 8:30AM - 11:30AM KOHL'S Rt. 37, Toms River 12:30PM - 3:30PM	
28	29	30	31			
CHURCH SERVICE 9:00AM	MANCHESTER SHOP-RITE 10:00AM - 1:00PM		OCEAN COUNTY MALL, BURLINGTON STORE, TARGET 10:00AM - 2:30PM	Notes		

July

2024 FRIENDSHIP HALL

August

S	M	T	W	T	F	S
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	EXERCISE 9:00AM CREATIVE WRITING 11:00AM	CERAMICS 8:30AM - 12:00PM BOCCE 5:30PM		4TH OF JULY OFFICE / MAINT. CLOSED NO GARBAGE	OFFICE / MAINT. CLOSED GARBAGE	
7	8	9	10	11	12	13
	EXERCISE 9:00AM RESIDENTS CLUB SOCIAL - 6:30PM	CERAMICS 8:30AM - 12:00PM BOCCE CHAMPIONSHIP PLAYOFFS 5:30PM	RAINDATE: CHAMPIONSHIP PLAYOFFS 5:30PM	BRANCH & BRUSH PICKUP	EXERCISE 9:00AM RECYCLE	GOLF TOURNAMENT 10:00AM
14	15	16	17	18	19	20
	EXERCISE 9:00AM CREATIVE WRITING 11:00AM	CERAMICS 8:30AM - 12:00PM		BRANCH & BRUSH PICKUP	EXERCISE 9:00AM KARAOKE 6:00PM - 9:00PM	
21	22	23	24	25	26	27
	EXERCISE 9:00AM	CERAMICS 8:30AM - 12:00PM		MANCHESTER BULK PICKUP BRANCH & BRUSH PICKUP	EXERCISE 9:00AM RECYCLE	GOLF TOURNAMENT 10:00AM 19TH HOLE 12:00PM
28	29	30	31			
	EXERCISE 9:00AM CREATIVE WRITING 11:00AM	CERAMICS 8:30AM - 12:00PM	LIGHT BULK PICKUP	Notes		



WELCOME VILLAGE ONE
TO

JEANNIE & JOE'S

ANNUAL 4TH OF JULY BBQ

12PM TO 4PM

VILLAGE ONE PATIO & PICNIC GROUNDS



SIGN UP SHEET IS IN THE "A" ROOM

CUT OFF DATE IS JUNE 20 FIRM

ENTERTAINMENT BY WILD ROSE

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